

Health & Hygiene Program

A program aimed at improving the health and hygiene practices of sanitation workers and domestic help.



VYOMINI
Think Holistic

VYOMINI SOCIAL FOUNDATION

VYOMINI is a non for profit entity registered under section 8, established in 2018, working in the field of health-hygiene and entrepreneurship development, promote sustainable sanitation practices and products.

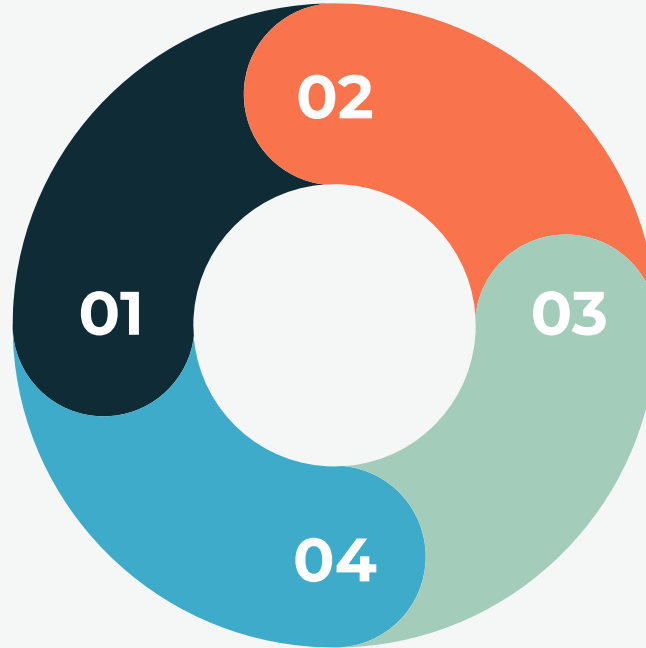
We are working with 100+ NGOs, corporates, SHGs in the field of sanitation hygiene capacity building and local manufacturing training of the sanitation hygiene tools/hardware.



Experience

Touched more than 15 lakh beneficiaries on Sanitation Hygiene subject

Received many award and accolades for sustainable sanitation hygiene practice promotion.



Entrepreneurship Development-Promoting alternative livelihood among underprivileged community

Need based intervention and workshop design-Life Saving Knowledge

HUMAN RESOURCE

We have team of experienced professional to address the said issues of domestic helpers and sanitation workers which includes:-

- Doctor
- Counselor
- Resource Person
- Waste Management Expert
- Program Manager





Common Health Issues

- Sanitation workers and domestic help are exposed to various health hazards
- Respiratory problems from dust and pollutants
- Skin infections from unhygienic work environments
- Injuries from handling sharp objects
- Hazardous Work Environment leading to menstrual and physical health issues, rampant drug abuse addiction.
- Poor Contract Management and lack of SOP.
- Lack of Sensitivity among Service seekers.
- No provision of regular health check up.
- Lack of facilities to maintain hygiene.
- No use of protective equipment.
- Lack of financial & social safety coverage.
- No occupational safety training and skill enhancement

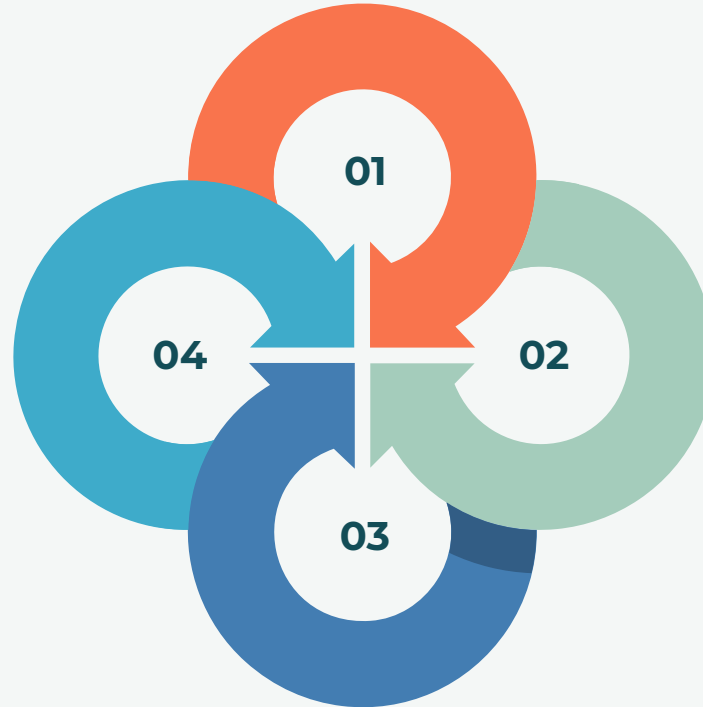
Theory of Change

Activity	Output	Outcome	Impact	Indicator
Pre-assessment and data collection, Community Mobilization	Listing of area Target group Stakeholders Project planning	Registration of beneficiaries, project orientation, feedback and suggestions by stakeholders Increased awareness and sensitivity amongst service seekers.	Target intervention 1200 beneficiaries will be registered Intensive community awareness and sensitization among the relevant stakeholders.	Application form with Adhaar number and contact details Stakeholders committee meeting organized, Nukkad natak and announcement, No of RWA covered
Awareness Workshop & IEC material	Theme based awareness workshop weekly	Target group will learn various information related to their work safety and hygiene , understanding medical health camp theme , pre registration of medical camp 24 workshop 24*100= 2400 beneficiaries	Behaviour change Safe practices No of participants attends Openly discuss their issue and challenges Increase usage of personal hygiene hardware IEC material in easy to understand format	No of workshop organized No of beneficiaries covered Pre and post workshop assessment Behaviour change Work productivity-trained service providers will get better opportunities and good bargaining skills
Theme based Health Camp and Medicine distribution	Two camp in a month ,medicine distribution, referral services, linkages with nearby govt hospitals, counselling on tobacco,drug risk	Free access of medical services improve health concern , pre camp counselling help us in camp planning, 12 Health Camp 12*100 =1200 beneficiaries	Improved health and hygiene level help in better choices and understanding occupational risk.	No of beneficiaries cured No of referral No of repeat patient No of registration Overall health improvement Reduce Health Budget-case study
Linkages and Networking	Link target beneficiaries with social securities schemes Improve Skill	Social security schemes reduce the risk of target group and help their families in case	Improve life standard Reduce opportunity cost and work related risk	Number of ben linked with suitable scheme and formal structure/council

Project Design

Knowledge dissemination in
easy language with practical
demonstration.

Importance of vaccinations

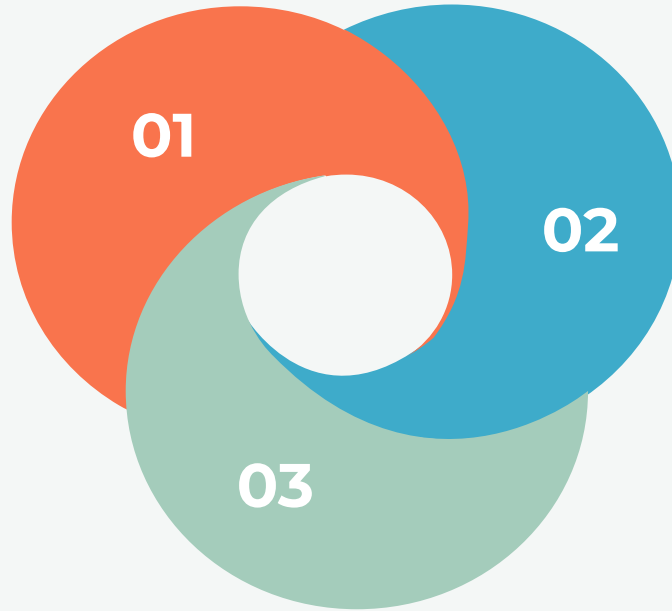


Empowerment and
Acknowledgement by
stakeholders

Identifying and reporting health
issues

Approach

Health and hygiene play a crucial role in preventing diseases



Proper hygiene practices can reduce the risk of infections

Maintaining good health leads to a higher quality of life

Benefits

01 Enhanced productivity and efficiency

02 Improved overall health

03 Reduction in illnesses and absenteeism

04 Creating a safe and healthy environment

Sustainability Plan

- 01** Sanitation & Domestic workers and their families will learn healthy practices and maintain, regular follow up and counselling, Health expenditure reduction
- 02** At least one member in the family will be enrolled for alternative livelihood training program -EDP, DICCI, NSKFDC, SSG, DSG
- 03** Social Security schemes will help in further life standard improvement and betterment.



Key Deliverables

Theme based Health Camp and
Medicine Distribution, Referral to
nearby Hospital, Follow up and
Counselling

Awareness Workshop on various
aspects related to work life of
sanitation workers and domestic help,
personal protection kit distribution.

Linkages with social securities
schemes

Personal Protection Kit

Saturation with Social Security Schemes' benefits: The identified sanitation workers and their family members will be extended benefits of all the social security schemes being implemented by various departments in the area, like:

- a. Food Security (Ration)
- b. Pradhan Mantri Awas Yojana
- c. Scholarship Schemes at pre matric and post matric level
- d. Enrolment of out of school, school-going-age children
- e. Atal Pension Yojana
- f. Pension Schemes for older persons, widows, orphan, physically challenged etc.
- g. Pradhan Mantri Suraksha Bima Yojana(PM-SBY)
- h. Pradhan Mantri Jeevan Jyoti Bima Yojana (PM-JJBY)
- i. Pradhan Mantri Ujjwala Yojana
- j. Allotment of free land/plots
- k. Anganwari
- l. Coaching for entrance exams and service.
- m. Any other scheme

Hygiene Kit

Chapter 9: Occupational Health Hazards And Safety Measures

	Personal Protection	Protective Devices
1	Head Protection	Hard hats
2	Face and Eye protection	Goggles, face shields, protective creams
3	Hands and lower arms	Protective sleeves, gloves, finger pads
4	Body	Diver suit/ aprons
5	Legs and feet	Shoes
6	Ear protection	Earpads/ earplugs
7	Respiratory protection	Mask

